

## Transforming Care Navigators for Young People in Norfolk & Waveney

*Working together with children, young people and families, always listening and making sure every voice is heard and valued.*

*Bringing people and services together to make support work better for you.*

*We aim to empower every young person and family to move forward with confidence- building on their strengths and creating positive change for the future.*

### **You can be referred if:**

You are:

- Aged between 0-25 years old
- Have a diagnosis of a Learning Disability, Autism, or both

Either in:

- Specialist Mental Health/Autism/Learning Disability hospital
- Secure hospital

Or:

- On the Dynamic Support Register (DSR)
- Regularly (4 or more within six months) requiring crisis interventions (For Example: Police, Ambulance, CAIST, CRHT, A&E) due to a Mental Health difficulty
- Living in a community residential placement/ residential educational placement, and the provider has raised concerns that they feel unable to meet the young person's needs and the placement is considered unstable
- At imminent risk of moving into a community residential placement/ residential educational placement

Alternatively, you must:

- be aged between 0-25 years old
- have a diagnosis of a learning disability, autism, or both

AND meet both of the following criteria:

- Not leaving your home/residential setting for any appointments or social interactions or to have health needs met
- Regularly (50% or more) not attending your educational placement or are in receipt of medical needs provision

“We believe systems should adapt to the person and not the other way around”

“We don't tick boxes- we help break down barriers.”

Most of all, we believe in walking alongside you, supporting encouraging and celebrating every step forward together.

## What is a Transforming Care Navigator?

The aim of the Navigator support is to help you and your family understand the available support from health, education and social care and work together with you to ensure your views are heard, understood and considered.

Navigators will not replace any existing professionals, or at any point take on those professionals' roles. Navigators are an additional resource to work directly with you and your family, with an emphasis on getting to know you and your wishes, feelings and needs.

We welcome referrals from individuals, families or professionals – visit our website for more information: [norfolkandsuffolk.icb.nhs.uk/navigators](https://norfolkandsuffolk.icb.nhs.uk/navigators)

If you would like to talk about a referral, please email [nwicb.cypnavigators@nhs.net](mailto:nwicb.cypnavigators@nhs.net)

