

# **Transforming Care ‘Navigators’ for Children & Young People in Norfolk & Waveney**



A Navigator is for children and young people who:

- are currently in a specialist hospital, or are at risk of being admitted
- have a diagnosis of a learning disability and/or autism
- are aged 18 or under



A Navigator will visit you and your family to get to know what you are great at and to understand what you or your family might need support with.



A Navigator will work with you to identify your future goals.

They will make sure you and your family are listened to and involved in decisions about your care and treatment.



Navigators will not replace anyone who supports you now.

If someone who supports you thinks a Navigator could help you too, they will talk to you about this.



If you decide that you would like a Navigator, you will be told who your Navigator is before you meet them.

We will ask you and your family what you think about the Navigator and how they are supporting you.



This will help us to understand if they can help other families and to help stop children and young people with a learning disability and/or autism from going into hospital.